# RAIL-TRAILS AND SAFE COMMUNITIES



THE EXPERIENCE ON 372 TRAILS



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Written by Tammy Tracy & Hugh Morris Rails-to-Trails Conservancy

in cooperation with

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This report was conducted by Rails-to-Trails Conservancy to document the extent of crime on rail-trails and review such crime in a broader perspective.

> The purpose of Rails-to-Trails Conservancy is to enrich America's communities and countryside by creating a nationwide network of public trails from former rail lines and connecting corridors.

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#### ACKNOWLEDGMENTS

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## NTRODUCTION

At it's peak, the U.S. railroad network extended for almost 300,000 miles. More than half of this remarkable system has since become super-fluous and in the latter half of the 20th century more than 2,000 miles of track annually have been abandoned or left unused by the railroad companies.

Since the early 1960's, efforts to preserve this part of our national industrial heritage have taken hold in community after community and more than 10,000 miles of former rail line have been opened as multi-use trails. In every state except Hawaii, people are bicycling, walking, running, in-line-skating, snow-mobiling and horseback riding on more than 950 rail-trails and there are plans for an additional

...converting an abandoned rail corridor to a trail tends to reduce crime by cleaning up the landscape and attracting people who use the trail for recreation and transportation.

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1,200 rail-trails stretching a further 18,000 miles.

While rail-trails are hugely popular and successful once they are open, during the development phase trail promoters often have to answer a wide range of concerns that local residents may have about the impact of the proposed trail on their community. Stories of trails attracting drug dealers, murderers and rapists are perpetuated by trail opponents with only a handful of newspaper headlines to back up their assertions rather than empirical research. Despite numerous studies that have concluded rail-trails do not generate crime, concerns persist and fear of the unknown continues to provide fertile ground for trail opponents. The research that has been conducted, along with anecdotal evidence, suggests that converting an abandoned rail corridor to a trail actually tends to reduce crime by cleaning up the landscape and attracting people who use the trail for recreation and transportation.

Recognizing the need to address these concerns, Railsto-Trails Conservancy (RTC) conducted a survey of all rail-trail managers in an effort to document the level of crime on trails and identify the mitigation measures used by trail designers and managers. The objectives of this study were threefold: 1) to document the levels of crime on urban, suburban and rural rail-trails with current statistics and comprehensive data, 2) to examine trail management strategies that can mitigate crime and improve trail safety, and 3) to put crime on trails in perspective. A summary of past studies, our methodology, results, recommendations and several case studies follow.

# Previous Research

Four separate studies conducted between 1979 and 1997 concluded that rail-trails do not increase crime.<sup>1</sup>

A study of the Burke-Gilman Trail in Seattle, Washington relied on interviews with local police officers and residents adjacent to the 12-mile urban rail-trail. The study found that incidents of vandalism and burglary did not increase as a result of the trail. To the contrary, the rate of vandalism and break-ins to adjacent property was well below the neighborhood average. Police said that they did not anticipate crime being a problem as long as motor vehicle use on the trail was prohibited, citing that the separation of a criminal from his/her escape vehicle as being a primary deterrent.

In the Minnesota study, the Department of Natural Resources interviewed property owners near the proposed Root River Trail in southeastern Minnesota and the proposed Soo Line Trail in eastern Minnesota. The study also interviewed property owners adjacent to the existing Douglas Trail near Rochester and the Heartland Trail in northern Minnesota. The study concluded that residents adjacent to existing rail-trails experienced much less crime than was anticipated by residents near proposed rail-trail projects.

A National Park Service study of the 26-mile Heritage Trail in rural Iowa, the 16-mile St. Marks Trail through small communities in Florida, and the 8-mile Layfayette/Moraga Trail in suburban San Francisco found that property owners experienced relatively few problems resulting from the existence of a rail-trail. Most adjacent property owners reported that rates of vandalism, burglary and trespassing had remained the same or decreased since the opening of the trail. The majority of property owners interviewed in the National Park Service study reported that living near a trail was better than they expected and also better than living near unused rail corridors.

A recent survey of residents near the Mohawk-Hudson Bike-Hike trail in New York asked respondents to comment on twelve potential problems that could arise from the trail. The respondents ranked each potential problem on a scale of one to five, with one being "not a problem" to five being a "major problem." The items that were ranked highest as being a major problem were litter (14% of respondents), illegal motor vehicle use (12%), and disruptive noise from the trail (12%). For these three items the percentage of users who indicated that these were not a problem at all was 41%, 44%, and 45%, respectively.

All four studies found that while some residents were apprehensive about rail-trail projects most did not experience problems after the trail's opening. In fact, many became users of the trail and the majority recognized the trail's economic and health benefits to the community. The Burke-Gilman and the National Park Service studies both found rail-trails to have a slightly positive effect on property values in adjacent neighborhoods, further testimony to the safety and benefit of rail-trails.

## Methodology

## RTC used several methods of data collection for this report.

In January 1997, RTC mailed surveys to the managers of all known open rail-trails (861) in the United States based on contacts maintained in RTC's database of rail-trails. This survey asked trail managers to report any crimes against persons or property committed on their trails during the years of 1995 and 1996. The survey listed several types of crime in each category for the respondent to consider. The survey also asked questions regarding the use of such safety features as lights, phones and posted warnings. Finally, the survey asked about the



A local patroler makes his rounds on the Illinois Prairie Path.

existence, mode and frequency of trail patrols. From this effort, RTC received 372 usable responses, a 43% response rate, reflecting a diverse set of trail types, lengths and geographic locations. Trail types included 36 urban, 81 suburban and 255 rural trails.<sup>2</sup> The length of these trails ranged from onefifth of a mile to 145 miles. Geographic representation was quite broad with 38 of the 49 states that currently have at least one rail-trail responding.

In June 1997, RTC collected supplementary statistical and anecdotal information on the impact of rail-trails upon local crime. Using contact information provided by survey respondents, RTC sent letters to thirty local law enforcement agencies<sup>3</sup> with questions regarding impact of the rail-trail on crime, the presence of trail users as a crime deterrent and comparisons of crime on the trail to the crime in surrounding areas. Twelve of these agencies responded, a 40% return, with letters regarding the safety of rail-trails. Finally, in July 1997, RTC conducted phone interviews with several coordinators of volunteer and professional rail-trail patrols to discuss the operation of their patrols. RTC compiled information on the organization, objectives and success of seven urban, suburban and rural trail patrols.

# STUDY FINDINGS

The summarized results appear in the following four sections, major crimes, minor crimes, design strategies and trail patrols.

Major crimes are, defined for the purpose of this report, as those crimes against persons including mugging, assault, rape and murder. Minor crimes are those against property including graffiti, littering, sign damage, motorized trail use, trespassing and break-ins to adjacent property. Quotations from law enforcement letters are included in the text where appropriate. The complete text of the letters appears in Appendix A.

Figures for the actual number of incidents of crimes against persons are reported whereas the incidents of property crimes are expressed by the number of trails reporting any occurrence during the year. This was done because of the difficulty in quantifying some of the types of minor crimes such as litter or graffiti incidents.

Overall, results from the study indicate that rail-trails are safe places for people to be. The study also found that trail managers often employ preventative design strategies and patrols to reduce the possibility of crime and improve the efficient management of the trail.

#### MAJOR CRIMES

Out of 372 trails included in this study, RTC found only eleven rail-trails in 1995 and ten rail-trails in 1996 which had experienced any type of major crime, 3% of responding trails.

"The trail does not encourage crime, and in fact, probably deters crime since there are many

people, tourists and local citizens using the trail for many activities at various hours of the day."

> — Pat Conlin, Sheriff Green County, WI

These figures are very low considering the 372 trails surveyed cover nearly 7,000 miles of trail and more than 45 million estimated annual users.<sup>4</sup> Letters from law enforcement agencies support these findings. They consistently report that rail-trails do not encourage crime; rather, several letters cited heavy trail usage as a crime deterrent in areas of former isolation:

"The trail has not caused any increase in the amount of crimes reported and the few reported incidents are minor in nature... We have found that the trail brings in so many people that it has actually led to a decrease in problems we formerly encountered such as underage drinking along the river banks. The increased presence of people on the trail has contributed to this problem being reduced."

 Charles R. Tennant, Chief of Police, Elizabeth Township, Buena Vista, PA

Following is a summary of major crimes on railtrails by urban, suburban and rural areas as well as a comparison to national crime figures. Although directly comparable statistics were not available, violent crime rates from the FBI's 1995 Uniform Crime Report provide some comparison by showing the number of crimes per 100,000 inhabitants in urban, suburban and rural areas.<sup>5</sup> When compared to rates of rail-trail crime, these figures provide a sense of how infrequently crimes on rail-trails occur. The results are presented in Table 1 and followed by discussion.

#### TABLE 1

Comparisons of Incidence Rate of Major Crimes on Rail-trails
to U.S. Crime Rates.

	URB	AN	SUBUI	RBAN	RURAL		
CRIME	1995 National <sup>1</sup>	Rail-Trails <sup>2</sup>		Rail-Trails <sup>2</sup>	1995 National <sup>1</sup>	Rail-Trails <sup>2</sup>	
Mugging	335	0.53 (1995) 0.30 (1996)	102	0.00 (1995) 0.01 (1996)	19	0.00 (1995) 0.01 (1996)	
Assault	531	0.58 (1995) 0.34 (1996)	293	0.02 (1995) 0.01 (1996)	203	0.01 (1995) 0.01 (1996)	
Forcible Rape	43	0.04 (1995) 0.00 (1996)	29	0.00 (1995) 0.01 (1996)	26	0.01 (1995) 0.01 (1996)	
Murder	11	0.04 (1995) 0.01 (1996)	4	4 0.01 (1995) 0.01 (1996)		0.01 (1995) 0.01 (1996)	
		100,000 population 100,000 users; RTC	n; FBI Uniform Crim survey results.	e Reports for 1995.			

## MAJOR CRIMES ON RAIL-TRAILS

#### **URBAN RAIL-TRAILS**

RTC found the crime rates on urban rail-trails to be very low compared to the national crime rate for urban areas. Note that one urban trail located in South Boston, Massachusetts is where the majority of personal crimes were experienced:

- ▼ Each year, an estimated 5 million people use the 36 urban rail-trails surveyed, covering 332 miles.
- ▼ The national rate of urban muggings is 335 per 100,000 inhabitants<sup>6</sup>; two urban railtrails reported muggings (26 incidents) in 1995 and only one trail reported muggings (15 incidents) in 1996.
- ▼ The national rate of urban assaults is 531 per 100,000 inhabitants; only three urban rail-trails reported assaults in 1995 (29 incidents) and 1996 (17 incidents).
- ▼ The national rate of forcible rape in urban areas is 43 per 100,000; one urban rail-trail reported two rapes in 1995 and no rapes were reported in 1996.
- ▼ The national urban murder rate is 11 per 100,000 urban inhabitants; one urban railtrail reported two murders in 1995. None of the urban rail-trails reported murders for 1996.

#### SUBURBAN RAIL-TRAILS

RTC found crime rates on suburban trails to be even lower than on urban rail-trails. The rate of crime on rail-trails was also low compared to national statistics of overall suburban crime.

- ▼ An estimated 14 million people use more than 1,100 miles of trail on the 82 suburban trails surveyed.
- ▼ The national rate of suburban muggings is 102 per 100,000 inhabitants; none of the suburban rail-trails reported muggings for the year of 1995 and only one mugging was reported in 1996.
- ▼ The national rate of suburban aggravated assaults is 293 per 100,000 inhabitants; three assaults occurred on three suburban rail-trails in 1995 and only two assaults occurred on suburban rail-trails in 1996.
- ▼ The national rate of suburban rape is 29 per 100,000 persons; none of the suburban rail-trails reported a rape in 1995 or 1996.
- ▼ Nationally, four murders per 100,000 inhabitants occur in suburban areas; there were no reports of murder on suburban rail-trails in 1995 or 1996.

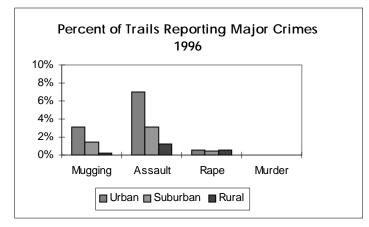
#### RURAL RAIL-TRAILS

Major crimes occurred with even less frequency on rural rail-trails than on urban or suburban ones. These rates are also low compared to overall rural crime rates.

- ▼ There are an estimated 26 million annual users on the 254 surveyed rural trails covering 5,282 miles.
- ▼ The national rate of mugging in rural areas is 19 per 100,000 inhabitants; none of the rural rail-trails reported muggings in 1995 and only one reported an incident in 1996.
- ▼ The national rural rate of aggravated assault is 203 incidents per 100,000 persons; only three rural rail-trails reported three assaults in 1995 and the same number in 1996.
- ▼ Nationally, there were 26 forcible rapes per 100,000 rural inhabitants; two rural railtrails reported rapes in 1995 and one trail reported a rape in 1996.
- ▼ The national murder rate for rural areas is 5 per 100,000; none of the rural rail-trails reported a murder over the two year period.

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#### MINOR CRIMES

According to our survey findings, only onefourth of the rail-trail managers reported any type of minor crime, such as graffiti or littering and these problems were quickly corrected as part of routine trail management. The data indicates the occurance of each infraction rather than the actual number of incidents.

Letters from law enforcement officials attest that the actual volume of incidents such as graffiti, littering, sign damage and motorized use were minimal. In fact, one letter noted that litter was virtually nonexistent on a section of converted rail, but was overwhelming on portions which had not



Many trails close at dark and patrols help to clear them.

been converted to trail, again highlighting the benefits of converting an abandoned rail corridor to a trail:

> "My family and I took part in a community clean-up day. ...By the end of the mile and a half, we had found ONE piece of litter almost too small to have noticed. ...once you leave the path and continue where the railway line had been, the trash and graffiti are overwhelming." — Ross L. Riggs, Chief of Police Louisville, OH

Moreover, RTC found that the majority of the property crimes committed on rail-trails had only a minor effect on the trail and usually did not harm adjacent private property. The following letter indicates that trails make good neighbors.

> "Since the trail was constructed and opened for use we have found that the trail has not caused any inconvenience to property owners along the trail. The residents seem to enjoy having the trail near their homes."

 Charles R. Tennant Chief of Police, Elizabeth Township, Buena Vista, PA

A breakdown of the property crimes committed on rail-trails in urban, suburban and rural areas in 1996 and some comparisons to national averages follow.<sup>7</sup> The results are presented in Table 2 and followed by a discussion.

#### TABLE 2

#### Comparison of Incidence Rate of Minor Crimes on Rail-trails to U.S. Crime Rates & Percentage of Trails Reporting Types of Crime in 1995.

	URE	AN	SUBU	RBAN	RURAL		
CRIME	National <sup>1</sup> Rail-Trails <sup>2</sup> National <sup>1</sup>		Rail-Trails <sup>2</sup>	National <sup>1</sup>	Rail-Trails <sup>2</sup>		
BURGLARY	1,117	0.00%	820	0.01%	687	0.01%	
TRESPASSING	N/A 5%		N/A 3%		N/A	4%	
GRAFFITI	N/A 26%		N/A	17%	N/A	12%	
LITTERING	N/A	24%	N/A	24%	N/A	25%	
SIGN DAMAGE	N/A	22%	N/A	22%	N/A	23%	
MOTORIZED USE	N/A 18%		N/A	N/A 14%		23%	
	2. Note: rates per 10		l Uniform Crime Repo ey results for burglary. ne.			percentage of trails	

#### URBAN RAIL-TRAILS

Very few incidents directly affecting urban property owners occurred.

- ▼ The national rate of burglary in urban areas is 1,117 incidents per 100,000 inhabitants; none of the urban rail-trails reported burglary to adjacent homes in 1996.
- ▼ Only 5% of urban rail-trails reported trespassing
- ▼ 26% of the urban rail-trails reported graffiti.
- ▼ 24% of the urban rail-trails reported littering.
- **\checkmark** 22% of the urban rail-trails reported sign damage.
- ▼ 18% of urban rail-trails reported unauthorized motorized use.

#### SUBURBAN RAIL-TRAILS

Incidents of graffiti and unauthorized motorized usage occurred less frequently on suburban rail-trails than on urban ones. The number of suburban trails reporting crimes directly affecting adjacent property owners was significantly lower than the rates of trail vandalism.

- ▼ The national rate of suburban burglary is 820 incidents per 100,000 inhabitants; only one suburban trail reported a break-in to adjacent property in 1996.
- ▼ 3% of suburban trails reported trespassing.
- ▼ 17% of the suburban trails reported graffiti.
- $\checkmark$  24% of the trails reported littering.
- $\checkmark$  22% of the trails reported sign damage.
- ▼ 14% of the suburban trails reported unauthorized motorized usage.

#### RURAL RAIL-TRAILS

Rural rail-trails reported fewer incidents of graffiti than both urban and suburban trails. Other incidents occurred at about the same rate. Again, crimes directly affecting adjacent property were rare.

- ▼ The national burglary rate in rural areas is 687 incidents per 100,000 inhabitants; only three of the rural trails reported a break-in to adjacent property in 1995 and three in 1996.
- ▼ 4% of rural trails reported trespassing.
- ▼ 12% of rural trails reported graffiti.
- ▼ 25% of the rural trails reported littering.
- $\checkmark$  23% of the rural trails reported sign-damage.
- ▼ 23% of the rural trails reported unauthorized motor use.



## RECOMMENDATIONS

Although this study shows that rail-trail crime is rare, it is nonetheless a legitimate concern for residents and trail users and should be treated accordingly. There are several methods for addressing such concerns and minimizing the potential for crime.

Encouraging trail use is one way to help ensure trail safety, as the presence of other users helps to minimized undesirable behavior. In addition, trail users should exercise common sense when using trails after dark and remain aware of their surroundings at all times. Several other mitigation strategies help suppress criminal behavior and lessen the impact of incidents that do occur. In particular, trail design features and trail patrols are useful mitigation strategies to keep in mind. Recommendations for their implementation are included in this section, however since every rail-trail environment is unique, trail managers should assess the need for these strategies on an individual basis.

#### TRAIL DESIGN

Good trail design is an effective way of promoting trail safety. In most cases, the design of the trail should eliminate overgrown vegetation and tall shrubs in order to minimize hiding places along the trail and maintain long sight lines for users. Trail managers may also choose to place security lighting at trail heads and in parking lots to improve trail safety. Emergency phones or call boxes and emergency vehicle access are also important safety features for some trails. Additionally, keeping all trail corridors clean and well-maintained increases the feeling of community ownership of the trail and will reduce the incidents of minor crime such as litter, graffiti and vandalism. Prohibiting motorized use of the trail will deter property crime.

RTC found that several trails utilized the above design strategies in order to improve safety. The survey found that at the trail head 18% of the trails installed lights, 12% installed phones, and 51% posted warnings or rules for trail users. Along the

### TRAIL DESIGN SKETCH PLACE LINE ART HERE

trail, 8% of the trails installed phones, 8% had lights and 45% posted warnings or trail rules. Unfortunately, the data collected in this survey was too limited to explore the correlation between the existence of design features and crime rates.

#### TRAIL PATROLS

Volunteer or professional trail patrols are also beneficial in improving trail safety. These patrols range from informal monthly clean-up and mainte-



Trail patrol members are on hand at an evening event in Gainsville, Florida

nance crews to daily patrols that provide maps, information and emergency assistance. The primary function of these patrols should be to educate trail users and to provide assistance when necessary. They should also be equipped to alert emergency



Bike patrol police on the Capital Crescent Trail, Maryland.

services quickly if needed. Above all, the presence of a patrol deters crime and improves users' enjoyment of the trail.

According to survey results, the majority of trails have some type of trail patrol. The survey found that 69% of the urban rail-trails, 67% of suburban rail-trails and 63% of rural rail-trails are patrolled in some way. Local, county, and state entities, park rangers and volunteers provide these patrol services either alone or in combination. RTC found that 20% of the trails have local law enforcement patrols, 16% of the trails have county patrols, 4% of the trails have state patrols, 9% of the trails have park ranger patrols and 3% of the trails have volunteer patrols. The dominant modes of trail patrol are bike (26%) and car or truck (33%). The study found that 82% of the trails have access for emergency vehicles.

## TRAIL PATROL CASE STUDIES

There are many methods of organizing an effective trail patrol. Depending on a trail's needs and available resources, a daily, weekly or monthly patrol may be appropriate.

Below are several examples of volunteer and professional patrols and contact information for their coordinators. These examples are only a few ways to promote safety and improve users' enjoyment of rail-trails. Trail managers should be creative in using "friends of the trail" groups, local community organizations and law enforcement to maintain and monitor local rail-trails.

#### MINUTEMAN TRAIL MASSACHUSETTS

Several years ago as part of a public relations effort, the Bedford Police began riding bikes along the Bedford to Lexington portion of the Minuteman Trail. Approximately a year and a half later, they initiated a unique youth patrol, the Bedford Police Explorers to assist them. After completing first aid and CPR certification, the Explorers began conducting daily patrols of the trail wearing police t-shirts and carrying radios and first aid kits. Both the police and Explorer programs have been well received by the community. After seeing an officer and several Explorers clearing debris from the trail, one trail user wrote to the Bedford Police: "I was so taken by this... by clearing the bike path, now even more women, men, children of all ages and people in wheelchairs can enjoy nature in the path." Contact Officer Jeff Wardwell at the Bedford Public Safety Department for more information on the Explorer program, (617) 275-1212, ext. 125.

#### NORTH AUGUSTA GREENEWAY SOUTH CAROLINA

Approximately twenty professionally trained police officers voluntarily patrol the three-mile North Augusta Greeneway in rural South Carolina. The effort began as part of a community policing and physical fitness program of the North Augusta Public Safety Department. Three to four times each week, officers patrol the trail as they perform walking, jogging or biking workouts. Captain Lee Wetherington, coordinator of the patrol effort, explained their objectives, "We try to show a presence, deter illegal activity and provide first aid or other assistance to trail users." The patrol is a creative way of keeping officers in condition for duty while promoting trail safety at the same time. For additional information about the patrol, contact Capt. Wetherington at (803) 441-4254.

## PINELLAS TRAIL

The 35-mile Pinellas Trail is patrolled daily by one of the most extensive volunteer patrols, the Pinellas Auxiliary Rangers. The Auxiliary Rangers serve as uniformed ambassadors for the Pinellas Trail, providing trail information, directions and bicycle safety tips. More than 25 volunteers, 18 years and older, comprise the patrol and are required to under-go background checks and extensive training on trail history, public relations, trail-riding, first aid and nutrition. The majority of the volunteers patrol by bike and use cell phones to communicate. Because the trail has not encountered many problems, an Auxiliary Ranger's primary role is one of educator rather than enforcer. For more information, contact Jerry Cumings or Tim Closterman at the Pinellas County Park Department, (813) 393-8909.

#### YOUGHIOGHENY RIVER TRAIL-NORTH PENNSYLVANIA

Three local trail councils, headed by the Regional Trail Corporation, coordinate monitoring teams for the 23-mile Youghiogheny River Trail-North in southwestern Pennsylvania. Each of the trail councils oversees a team of approximately twenty monitors patrolling primarily on bikes, but also by foot and by horse. Easily recognizable in their gold and black uniforms, monitors carry first aid kits and, frequently, cellular phones to report trail damage or injuries. Joe Honick, who instituted this model monitoring program, explained their usefulness, "The monitors serve as the eyes and ears of the Regional Trail Corporation. They assist trail users, explain trail rules and relay users' suggestions and comments."

Bob McKinley, Trail Manager of the Regional Trail Corporation reported very few incidents of trail damage or graffiti along the trail. "There is so little vandalism, every piece seems like a major item," he said. The patrol program has been successful in deterring such incidents. McKinley commended the patrol efforts, "The patrols are doing a great job. Their monitoring really does make a difference." For more information on the trail's monitoring program, contact Joe Honick of the Mon/Yough Trail Council at (412) 829-0467.

## GREAT RIVER TRAIL

The Great River Trail Council uses several groups to patrol its 28-mile trail passing through urban, suburban and rural areas. The council coordinates local bicycle and service clubs which have an interest in assisting with trail patrol. Clubs provide trail users with directions and look for maintenance problems. In the summer months, at least one group patrols during daylight hours and police patrol the trail after dusk. For more information, contact Patrick Marsh at the Great River Trail Council, (309) 793-6300.

#### BALTIMORE AND ANNAPOLIS TRAIL PARK MARYLAND

Approximately thirty volunteer Trailblazers, ranging from age eleven to 78, patrol the 13-mile Baltimore and Annapolis Trail. After receiving three weekends of first aid, CPR, patrol technique and park operations training from park rangers, they take to the trail by in-line skates, bike or foot. Trailblazers supplement park rangers' daily patrols by providing information to trail users, correcting unsafe trail behavior and reporting their findings to the park rangers. Trailblazers are able to quickly identify and repair problem areas of litter or graffiti helping to prevent further incidents from occurring. For more information on the organization or training of the Baltimore and Annapolis Trailblazers, contact David Dionne, Park Superintendent at the Anne Arundel County Department of Recreation and Parks, (410) 222-6245.

#### LAFAYETTE/MORAGA TRAIL CALIFORNIA

Several entities monitor the 8-mile Lafayette/ Moraga Trail in the San Francisco Bay Area, including a maintenance team, the East Bay Regional Park District Public Safety Department and several volunteer patrols. More than 150 equestrians, bicyclists and hikers comprise volunteer groups who patrol the Lafayette/Moraga Trail and other parks in the area. An officer from the Park District provides each group with training and organizes monthly meetings and speakers. In 1996, volunteers provided over 40,000 hours of service to the East Bay parks. For more information on these patrols, contact Steve Fiala at the East Bay Regional Park District, (510) 635-0135.

## RAIL-TRAILS AS SAFE PLACES

Rail Trails are not crime-free. No place on earth can make that claim. However, when compared to the communities in which they exist, compared to highways and parking lots, and compared to many other public and private places, rail-trails have an excellent public safety record.

Compared to the abandoned and forgotten corridors they recycle and replace, trails are a positive community development and a crimeprevention strategy of proven value. By generating lawful activities such as walking, running, bicycling and in-line-skating, rail-trails are also bringing communities together and reintroducing neighbors to each other.

Trails are actually one of the safest places to be and the incidence rate of crime on trails is minor in comparison to other locations. Table 3 lists the percentage of rapes, robberies, and assaults that occur in four locations. As these data show, a park is actually one of the safest places to be. Two to three times safer than being in a parking facility or in your own home and many more times safer than walking down the street. These data help to provide some perspective of personal safely in several types of locations in the context of overall crime rates in the U.S. The result being that parks are undeniably one of the safest places to be.

In an attempt to add perspective to crime on trails, John Yoder, President of the Friends of the Pumpkinvine Nature Trail, Inc. in Indiana has compiled crime and injury statistics for a variety of circumstances to make the point that no human activity is risk free. The entire contents of his list can be found in Appendix B.

			LOCATION (% OF TOTAL)								
CR	IME	PARK/FIELD/ PLAYGROUND	PARKING GARAGE/LOT	INSIDE YOUR HOME	ON STREET						
RAPE	(1988)	6.6	7.9	25.0	23.3						
	(1990)	0.5	3.4	35.0	30.2						
	(1991)	1.1	4.2	26.8	10.4						
	(1992)	8.5	6.5	16.3	38.3						
ROBBERY	(1988)	3.0	11.6	48.3							
	(1990)	3.0	12.7	48.6							
	(1991)	3.6	11.9	51.2							
	(1992)	6.4	13.6	20.7							
ASSAULT	(1988)	3.6	0.3	15.1	30.5						
	(1990)	4.0	7.9	13.4	31.9						
	(1991)	4.0	10.7	10.7	29.7						
	(1992)	4.4	7.3	7.3	32.3						
		t add to 100 because no t of the United states, va		are listed.							

## TABLE 3 National Crime Statistics by Location

Yoder concludes by asking "Does this mean we should outlaw, eliminate, or ban any of these places or activities?" Of course not! But as these statistics demonstrate, every form of human activity has some level of risk associated with it. The question in judging any activity is understanding the level of risk associated with that activity and doing everything possible to minimize those risks. Our society accepts approximately 40,000 highway deaths every year because we believe the convenience of highway travel is worth the risk. Similarly, in 1992 there were 30 murders, 1,000 rapes, and 1,800 robberies on college campuses however, most people believe that the rewards associated with a college education are worth the risks involved.

It is important not to trivialize or deny that bad things can happen on trails, however it is equally important to keep in mind that the amount of crime that occurs on trails as demonstrated by the survey results as well as the data in Table 3 shows that crime on trails is minimal. As with any activity, appropriate safety precautions should be taken to minimize risk.

## CONCLUSION

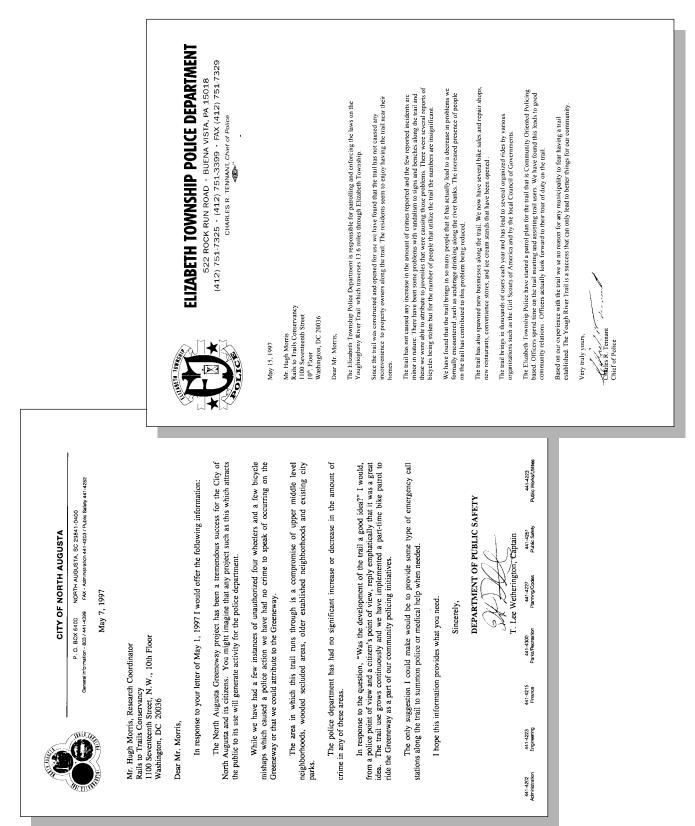
With nearly 27,000 miles of open and project rail-trail, Rails-to-Trails Conservancy recognizes that addressing trail users safety and trail neighbors concerns about crime are critical to the creation of a successful trail. This report has shown that crime on rail-trails is not a common occurrence.

Past studies, our survey results, letters from law enforcement officials, and comparisons to national crime figures all indicate that rail-trails are safe places for local residents and visitors to enjoy. While common sense and preventative measures should be used on rail-trails to ensure the lowest possible levels of crime, rail-trails remain much safer than many other environments. The findings of this report should reassure those with apprehensions about trail projects that converting a former rail corridor into a trail will have a positive rather than negative effect on their community.

As the data in this report show, crime on railtrails is minimal. This becomes all-the-more apparent when put in perspective with risks associated with other activities. The way to minimize crime on trails is to ensure that users exercise proper safety precautions, keep the trail well maintained, and boost trail use. Crime generally does not occur in places where there are lots of people and few hiding places. Positive-looking places tend to encourage positive behavior.

Crime occurs on roads, parking lots, in shopping malls, office buildings, airports, and at zoos. However, no one would rationally argue that we shouldn't build any of the above because crime will occur there. The same should be true for trails.

## Appendix A: Letters from local law enforcement agencies



		$\frac{1}{12} \bigcirc U \ 1 \ S \ V \ V \ V \ V \ V \ V \ V \ V \ V$	Hugh Morris Hugh Morris Conservancy 100 Seventeenth St. NW Washington, DC 20036 Dear Mr. Morris,	I came to Louisville in August of 1991 as the Chief of Police. At that time, the City was completing plans for the conversion of an old raiway line to a walking path. I was concerned for the safety of citizens due, in part, to the remote area that was traversed by the line. I strongly encouraged the placement of emergency call boxes along the walkway. The call boxes were never installed.	I am very pleased to report that crime incidents along the walkway are almost nonexistent. I attribute this to several factors. Primarily, the high volume of use by families along this walking path has created a community ownership of the path. Police also requiarly patrol the area, but it is unlike- ly that anyone will travel the path for more than a quarter of a mile without coming into contact with other path users.	The incidents of vandalism over five years has been only two small areas of the asphalt that were spray painted. Those were immediately claened up by city trews. It should be noted that the path is also along an area that is a firequent loitering place for juveniles that have little supervision. Still, the criminal complaints along the path are almost zero.	Two weeks ago, my family and I took part in a community clean- up day. Wy wife, one daughter, and I elected to walk the path to pick up litter. Each of us armed with a large trash bag and work gloves, we started out. By the end of the mile and a half, we had found oNE pice vG litter indust too small to have noticed. We did encounter, howver, several familes walking and a police patrol car. I can only attribute the cleanliness to the ownership that citizens have taken for this area. I should also note that once you leave the path and continue where the railway line had been, the trash and graffi- ti are overwhelming. I hope that you will find this information useful. If I can be of further assistance, please do not hesitate to call upon me. Rods. Riggs.	
OFFICE OF DODGE COUNTY SHERIFF	STEPHEN G. FITZGERALD	May 19, 1997	Mr. Hugh Morris Research Coordinator 1100 Seventeenth Street, NW 10th Floor Washington, DC 20036	Dear Mr. Morris: This letter is in response to your request for information on the impact of the Wild Goose State Trail and the crime/complaint rate. Please be advised the Trail has had virtually no impact on the crime rate in Dodge County. Sincerely	Jerry Witte. Jerry Witte. Chief Deputy		141 North Main Street • Juneau, WI 53039-1072 • Phone (414)36-3726 • FAX (414)36-3742	

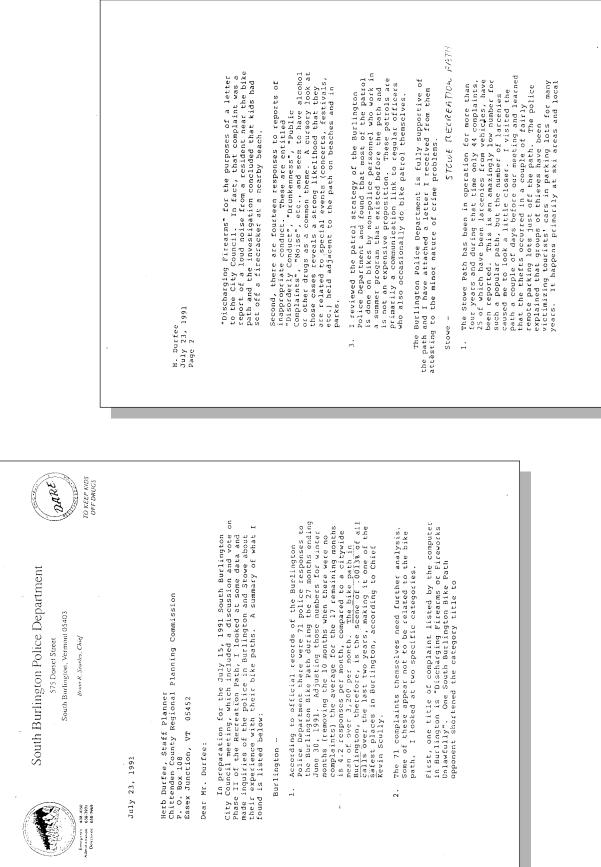
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215 South Mill Street • Louisville, Ohio 44641 • Fax 330/875-1820



OFFICE OF THE SHEKIFY 515 W. Moreland Blvd. Box 148 Warkesha, WI 53185 1400 Onty Huber 1400 On	WILLIAM KRUZIKI, Sheriff May 14, 1997 Mr. Hugh Morrig Mr. Hugh Morrig Rails to Trails Conservancy Rails to Trails Conservancy 100 17th St. MM Washington, D.C. 20036 Dear Mr. Morris: Dear Mr. Morris:	adjacent to the Giacial Drumlin State Park Trail. Regrettably, I must inform you that we do not record incident information in a manner that would allow us to extract specific data for incidents of crime for the location in question. T can tell you that based upon our general experience, since the frequention out that that we have not experienced any significant probleme treation of the trail, that we have not experienced any significant probleme treation to crime. To the baset of my knowledge, the trail has not resulted in a significant increase in calls for service.	Although I can not support it with specific data, wh impression is that the bicycle trail may be of boncfit to law enforcement as the use of the trail by our community resthets places them in areas that typically were not importantly accessible by law enforcement differs. Subsequently community restdents are in the position of reporting indems to us that may have otherwise remain unreported. For your information, as part of our truth community positions are of our truth of the trail but in our community parks as well. Our thermation is to increase our police presence in these areas as well. Our information, us defined as the upport of users in the presence in these areas as well. Our information, us defined as the upport of users in reporting true. Should you reprint an attempt to enlist the upport of users in reporting true.	contact me at (414) 548-7126. Thank you. Sincoroly Waukeeha County Sheriff's Department William Kruziki, Sheriff Gary H. Paluzzoyk, ImePecdor Gary H. Paluzzoyk, ImePecdor
Any 5, 1997     May 5, 1997       Cit of Johnson, Pennsykaria     May 5, 1997       Police Department     Hagh Morris       Police Department     Rais to Trails       Police Department     Rais to Trails       Invasingen were, Nashingen were     1100 Seventeenth St. NW       Invasingen were, Nashingen were     1100 Seventeenth St. NW       Invasingen were, Nashingen were     1100 Seventeenth St. NW       Invasingen were     Nashington, DC 20036       Invasingen were     Martington, DC 20036       Invasingen were     Dear Mr. Morris,       Martington, DC 20036     Lam writing in response to your request for crime information on the Jim Mayer Riverwalk	This is somewhat an unusual situation. Because there was no use for the area before it became a trail, there were no reported incidents of crime. There was no use by the public and no property to have crimes committed against. Since it has become a trail, there is basically still no property there, everpt as you noted, signs, ster. And we have had no incidents of crimes being committed against users of the trail. We have had incidents of crimes are extremely rare and are not creating a problem/concern. A check of our records does not indicate any reports of crimes against users or property in the vicinity.	Since the trail has been there, the only comments we have been all have been all points. From our prospective, the trail has been at asset to the community. If I can be of an further assistance, please contact my office.	Robert H. Huntley Chief of Police	

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		H. Durfee Fage 4 July 23, 1991	for cyclists and pedestrians and the potential for less crime overall in the communities. In terms of public safety a system of bike paths for the	county is a great idea.	U.S. W.La. K. Brian R. Searles Chief of Police	BRS:mc4				
H. Durfee July 23, 1991 Page 3	restaurants and motels, but the thefts in the lots near the path are just an extension of that activity. I think that this phenomenon is not important to Chittenden County paths as they will generally be used by residents and not tourists. There is no evidence of a significant problem like this in Burlington	<ol> <li>The other numbers are so low that they need not be analyzed but I did look at one entitled "Untimely Death" and learned that a gentlemen did suffer a heart attack while using the Stowe path.</li> </ol>	3. The Stowe Police do no routine patrolling of the Stowe Bike Path. The police department says that the path has made Stowe safer as pedestrians and cyclists do not have to be on Route 108 with the Reavy traffic.	People from South Burlington have called me and expressed concerns and many of them have mentioned the potential for the crime of rape to occur on the proposed bikeway.	I looked specifically for reports of rape or sexual assault on the paths in Stowe and Burlington and was relieved to leacn that there have been no reports in either place.	There has been no increase in crime in Burlington or Stowe which is attributable to the bike paths.	My position is that bike paths proposed for Chittenden County communities provide a healthy way of linking neighbordods and are likely to have a positive affect on the overall safety of the public.	Crime and the fear of crime do not flourish in an environment of high energy and healthy interaction among law abiding community members. Thus, the quality of life is enhanced in several ways including an enhancement of individual physical fitness, a safer mode of transportation		

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		The development of Constitution Trail was an outstanding idea supported by the both the City of Bloomington and Town of Normal. There have been minimal negative remarks regarding the development of this trail. There are plans for future development.	Constitution Trail can be considered a resource which is enjoyed by the populace of both Bloomington and Normal.	Sincerely Timber M M Timber Chief of Police					
CITY OF BLOOMINGTON Transle Minister Mana Mana Mana Mana Mana Mana Mana Man	May 8, 1997	Mr. Hugh Morris Research Coordinator Ralls to Trails Conservancy 1100 Seventeenth Street, NW, 10th Floor Washington, DC 2036	Dear Mr. Morris: I am writing in response to your letter of May 1, 1997 and your	rail lines begaturiy totat taw encorement involvement in varated rail lines being used for bike, nixing and walking trails. As you are well aware, Bloomington and its sister city have a well-constructed trail called constitution Trail. It runs through both business, residential and rural areas. It is highly used by a cross section of the populace of both cities for bike riding, roller blading, running, and waiking.	This trail is not visible from city streets for over half of the layout, and much of it cannot be patrolled by an officer using conventional methods. However, we do periodically put our slike Patrol officers on Constitution Trail. This is done primarily as a public relations manever, because there is very little crime created on or near the trail due to its construction.	Our citizens use this trail twenty-four hours a day and have met with very little crime on this trail. We have seen some of the neighboring residents have improved the development of their properties adjacent to the trail.	When the trail was first constructed, the administration of this department had a concern the trail would invite crime and would add to the crime rate of this city. However, in fact, it has had no impact on the crime rate.	hert var of tyst. Brod Bow, Gennard Marker Var Havens na og den nom en benn for om en vennen. For eft nærvæknender et stjorer var sette og træner var var af for en bennard af og en været været. Here var e	

		OFFICE OF THE SHERIFF		FAX (517) 531-9478 May 8, 1997	Rails to Trails Conservancy 1100 Seventeenth Street, NW 1010 Floor Nashingron, DC 20036	- Dear Mr. Morris:	I am responding to your letter of May 1, 1997.	When the Rails to Trails project was first being developed in Midland County, the concerns you described were brought up here also.	Happily. I can report to you that we have no major problems on our Rail Trails. The development of this park has been a very positive experience for the entire community. The park receives a lot of use from the public.	The incidents that we have had are for the most part misuse of the Trail. Items such as a go-cart or motorcycle being driven on the Trail.	In 1995, the Midland Sheriff's Office responded to eight calls on the Rail Trail. None of these responses required a formal report. In 1996, the Sheriff's Office responded to eight calls, one of which required a ticket for minor in possession of tobacco products. In 1997 through the first of May, we have had no calls for service on the Rail Trail.	In conclusion, I would say that crime has NOT been a factor on or near the Rail Trail. The development of this park has been a very positive experience for Midland County and its residents.	I hope this letter meets your needs, and please do not hesitate to contact me if I can be of further assistance.	JSK/sb JSK/sb	0
CITY OF BAY CITY POLICE DEPARTMENT AND AND AND AND AND AND AND AND AND AND	A 10 10 10 10 10 10 10 10 10 10 10 10 10	Gary G. Hect, Deputy Chief Bay City Police Department 501 Third St Bay City, MI 48708	May 12, 1997	Rails to Trails Conservancy 1100 Seventeenth Street, NW 10th Floor	Washington, DC 20036	Dear Sir/Madam: This is in regards to your request for information on our Bay Hampton Rail-Trail.	Upon checking our criminal file we could only find one complaint associated with the and Trail. The complaint is listed as an "assault and attempted larceny," see attached	C#91-0.22 10. Deto the limitations on our complaint tracking system any complaints generated ariscent to the Rail Trail would be extremely difficult to identify. But as a frequent	walker of the Rail Trail I can provide some personal observations. I have observed some minor oparth on the park benches and the Rail Trail walkway. There is the occasional broken bottle on the walkway. I have not observed any peripheral damage to adjacent property. Criminal activity on the Rail Trail is extremely minor and	infrequent. If I can be of any further assistance please feel free to contact me.	sincoper, have a the t	Garý G. Hect, Deputy Chief Support Services Division			

OFFICE OF THE SHERIFF	May 3, 1997	M. Hugh Morris Research Coordinator 1100 Seventh Street, NW 10th Floor Washington, DC 20036	Dear Mr. Morris:	I received your letter today inquiring about the Sugar River State Park Trail which is in Green County, Wisconsin. 1 am pleased to say that there is almost no crime associated with our trail and it is a very popular tourisi attraction. It is one of our most positive advertised attractions which covers many municipalities.	The trail does not encourage crime, and in fact, probably deters crime since there are many people, tourists and local citizens using the trail for many activities at various hours of the day. The development of the trail was such a good idea, the County Has just recently acquired another trail in addition to our other existing trail, the Chreese Country Recreational Trail. I have enclosed information for our ordinances concerning the Cheese Country Recreational Trail adong with a brochure and other correspondence. Sorry to say, 1 do not have any information on the State Trail at hand. If you want, I can acquire some and forward. I usually have some, but must have recently ran out.	If you need anything, please feel free to contact me.	Sincerely, at Carles Par Conlin Sheriff	tad kycl	2827 6th Street • P.O. Box 4 <sup>-3</sup> • Monrue, WT 53566 • 608-328-9400 • Eax 608-328-1823
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### Appendix B: A look at everyday risks by the president of the pumpkinvine nature trail.

Many rail-trail opponents claim that these trails are unsafe for the users and the adjacent landowners. As "proof," they gather anecdotes about crime on trails. Second, they assert that these crimes prove all trails are unsafe. Third, they draw the conclusion that your trail will also be crime ridden and should not be built.

I believe this line of argument employs a double standard of safety and risk. Those who attack the safety of trails would never think of applying the same type of risk analysis to other forms of transportation, recreation or life in general. It's a neat logical trick: by demanding perfect safety (i.e., no risks) in an imperfect and risky world, they create an artificial and impossibly high standard of safety that trail makers can never meet.

Trail opponents don't require promises of perfect safety in other areas of life, or they wouldn't get out of bed in the morning. They ignore all the risks involved in walking, riding in a car or crossing the supermarket parking lot while waving a few anecdotes about crimes on trails.

I've gathered some statistics over the years on risks and safety that might help make the point.

Dogs, sometimes called man's best friend, provide companionship to millions. Yet in 1995, 3.5 million dog bites were reported to American insurance carriers, with the companies spending \$1 billion on the claims (South Bend Tribune, Oct. 6, 1996). Should we, therefore, outlaw dogs?

Escalators carry millions of people safely each year. Yet in Boston, 300 people require emergency room treatment every year from injuries received while riding on escalators (NBC Dateline, Nov. 29, 1995). Should we, therefore, eliminate escalators?

A trip to the grocery store is a usually routine. Yet in one recent year, shopping cart accidents resulted in 25,000 trips to the emergency room (68 per day), including two deaths. Two thousand children were hospitalized (NBC Today Show, March 20, 1996; data from a study by Dr. Gary Smith, Children's Hospital, Columbus, Ohio). Should we, therefore, ban shopping carts?

Regular exercise can significantly reduce the chances of dying prematurely from heart disease and other ailments. Yet in 1992 many forms of recreation resulted the following number of emergency room trips: table tennis-1,455; horseshoes—4,423; billiards-5,835; bowling—24,361; golf-37,556; in-line skates-83,000; volleyball—90,125; swing sets-102,232; football—229,689; baseball—285,593; bicycles-649,536 (Newsweek, June 21, 1994, data from U.S. Consumer Product Safety Commission). No question: let's definitely ban that dangerous table tennis game.

Farmers use the latest equipment to produce our food. Yet in Indiana, 28 people die in an average year in farm accidents. Farmers die at more than four times the average rate of all other workers from work-related accidents, according to the National Safety Council. (AP story in the Goshen News. I did not record the date.) Explain that, Farm Bureau.

Government sources estimate that air bags in motor vehicles have saved 2,700 lives. Yet at the same time they have killed 87 people-48 adults and 39 children (NBC Nightly News, Nov. 17, 1997).

Trains are one of the most efficient ways to move freight. Yet a vehicle-train crash occurs about once every 90 minutes in the U.S. Two motorists are killed daily in these crashes. (Goshen News, July 13, 1994; data from Indiana Operation Lifesaver.)

We send our sons and daughters to college for higher education. Yet colleges are awash in criminal behavior. About 2,400 U.S. colleges reported their statistics on campus crime to the Chronicle of Higher Education in responds to the 1990 federal law, the Student Right-to-Know and Campus Security Act of 1990. The report states that in the reporting academic year (1991-1992) there were 7,500 incidents of violent crime on their campuses. That includes 30 murders, 1,000 rapes and more than 1,800 robberies.

However, they also reported that these violent crimes, thank goodness, were the exception when compared to property crimes, e.g., there were 32,127 burglaries and 8,981 motor vehicle thefts in the same period. (I know I feel better with that qualification.) (From the Chronicle of Higher Education, Jan. 20, 1993. p. A32.)

And, of course, the most glaring source of risky behavior-the highways. In 1993, 53,717 motor vehicles were involved in 35,747 fatal crashes, resulting in 40,115 deaths (Insurance Institute for Highway Safety). Does this statistic mean we should, therefore, ban motor vehicles or highways or both?

Every form of human activity involves risks. The question is whether the risks are acceptable in light of the rewards. Our society, with some bazaar logic, rationalizes away or accepts 40,000 deaths each year from motor vehicles because it believes the rewards are acceptable. Most people believe the rewards of college are worth the risk of occasional criminal behavior, and most people believe the risk of going up the escalator is worth the risk of getting your foot caught in the mechanism. Once established, trails have proven to be as safe as the surrounding community through which they pass. The rewards of recreation and nonmotorized transportation they provide far outweigh the risks.

While it is important not to trivialize or deny that bad things can happen on trails, it is equally important to examine the logic behind the anecdotes. Are trail opponents willing to apply their let's-close-the-trails logic to other activities, e.g., close all highways because 40,000 people are killed each year; close all colleges because there were 1,000 rapes? If not, then they are using a double standard to analyze risks-a selective use of statistics to discredit what is a relatively safe activity.

Two final points. First, we need to educate trail users about elementary safety precautions. We should caution people about jogging alone on an isolated trail, just as we would caution against jogging alone on an isolated country road or the mall parking lot for that matter.

Second, if there are safety problems on trails, we need to fix them. That's what we do with highways. If there's a dangerous highway curve, we straighten it. If a certain highway intersection has frequent accidents, we redesign it or put up stoplights. But, we don't close the road when we discover a problem, and we don't stop building more of them. Instead, we improve them.

Why would it be any different for trails?

John D. Yoder, President Friends of the Pumpkinvine Nature Trail, Inc.

### Endnotes:

<sup>1</sup> Minnesota Department of Natural Resources. *Living Along Trails: What People Expect and Find.* Saint Paul, MN, 1980.

Moore, Roger L., et al. *The Impacts of Rail-Trails: A Study of Users and Nearby Property Owners from Three Trails.* Washington, DC: National Park Service, 1992.

Seattle Engineering Department and Office for Planning. *Evaluation of the Burke-Gilman Trail's Effects on Property Values and Crime.* Seattle, WA: Seattle Engineering Department, May, 1987.

Schenectady County Department of Planning. The Mohawk-Hudson Bike-Hike Trail: Its Impact on Adjouining Residential Properties. Schenectady, New York, 1997.

<sup>2</sup>These numbers reflect condensed data. Some survey respondents indicated two or more trail location types or omitted the answer to this question altogether. Thus the original results fell into seven categories: urban, suburban, rural, urban/suburban, suburban/rural, urban/suburban/rural and blank. To facilitate data analysis, we placed crimes from the latter four categories into urban, suburban and rural categories using weighted distributions.

<sup>3</sup> All law enforcement agencies for which contact information was provided in primary survey were contacted.

<sup>4</sup> Estimate of annual users based on extrapolation of trails reporting number of users by areatype on a users per mile basis.

<sup>5</sup> At the time of the rail-trail crime study, the FBI had only released the preliminary Uniform Crime Report for 1996, therefore the 1995 Uniform Crime Report was used as a comparison for both the 1995 and 1996 railtrail crime rates.

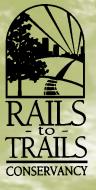
<sup>6</sup> The Uniform Crime Report refers to mugging as robbery, "the taking or attempting to take anything of value from the care, custody, or control of a person or persons by force or threat of force or violence and/or by putting the victim in fear."

<sup>7</sup> The Uniform Crime Report measures vandalism by arrest rather than known incidents. Thus only comparisons to burglary were used.

### **PHOTO CREDITS**

Front Cover: Karen-Lee Ryan (Background), Patrick Kraich (trail patrol) Page 3: Jean Mooring Page 7: Karen Stewart Page 10: from *Trails for the Twenty-First Century*, edited by Karen-Lee Ryan. Page 132. Page 11: Karen Stewart, Patrick Kraich Back Cover: R. Leidelmeyer

## Notes:



#### Rails-to-Trails Conservancy 1100 Seventeenth Street, NW Washington, DC. 20036 Tel: 202-331-9696 • Fax: 202-331-9680 Web site: www.railtrails.org

With field offices in California, Florida, Illinois, Michigan, Ohio and Pennsylvania



#### **National Park Service**

Rivers, Trails, and Conservation Assistance Program 1849 C Street, NW, Room 3606 Washington, DC. 20240-0001 Tel: 202-565-1200 • Fax: 202-565-1204 Web site: www.cr.nps.gov/rtca/rtc/ rtcahome.html